



詠 春 體 育 會
VING TSUN ATHLETIC ASSOCIATION LTD.

會址: 九龍旺角水渠道三號長寧大廈三樓 C座 3, NULLAH ROAD, 2C/FL., KOWLOON, HONG KONG.
Tel: (852) 2381-6044 Email: vtaa@vingtsun.org.hk
Fax: (852) 2381-6042 Website: http://www.vingtsun.org.hk

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The Fourth Ip Man Ving Tsun Taolu (Forms) Match
& Sticking Hands Match

The Fourth Ip Man Ving Tsun Taolu (Forms) Match & Sticking Hands organized by Ving Tsun Athletic Association, will be held on 7th October 2017 (Saturday).

Time : Start at 10:00am, 7th October 2017

Place : Hall of The Tsim Sha Tsui District Kaifong Welfare Association
136 Nathan Road, Tsim Sha Tsui, Kowloon, Hong Kong.

Event : (a) Siu Lim Tau
(b) Chum Kiu
(c) Biu Gee
(d) Wooden Dummy
(e) Sticking Hands

(For “Siu Lim Tau”, “Chum Kiu” and “Wooden Dummy”, participants should follow the demonstrations made by Grand Master Ip Man; for “Biu Gee”, participants should follow the demonstration made by Sifu Ip Ching; for Sticking Hands, participants should refer to the demonstrations approved by the Association. All demonstration videos can be found on our website, <http://www.vingtsun.org.hk> or press [[Demonstrations](#)] to view.)

Details of the Match

A. Groups :

Taolu (Forms) Match

- Boys Junior (Age between 12 to under 18)
- Girls Junior (Age between 12 to under 18)
- Men Open (Age between 18 to 40)
- Female Open (Age between 18 to 40)
- Senior Men Group (Age between 41 to 60)
- Senior Female Group (Age between 41 to 60)

*The age of participants shall be calculated on the date of 7th October 2017 according to their personal identity document.

*Divide into Men and Female Groups.



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Sticking Hands

Adult Group (18~40 years old) Group for Male and Female

– Weight Classes

- | | |
|--------------------------|----------------------------|
| (1) 50kg or below | (6) 70.1kg to 75kg Class |
| (2) 50.1kg to 55kg Class | (7) 75.1kg to 80kg Class |
| (3) 55.1kg to 60kg Class | (8) 80.1kg to 85kg Class |
| (4) 60.1kg to 65kg Class | (9) 85.1kg to 90kg Class |
| (5) 65.1kg to 70kg Class | (10) 90.1kg or above Class |

Senior Group (41~60 years old) Group for Male and Female

– Weight Classes

- (1) Below 50kg Class (less than or equal to 50kg)
- (2) 60kg Class (50.1kg to less than or equal to 60kg)
- (3) 70kg Class (60.1kg to less than or equal to 70kg)
- (4) 80kg Class (70.1kg to less than or equal to 80kg)
- (5) 90kg Class (80.1kg to less than or equal to 90kg)

Arrangement of weight-checking will be announced later. If the weight of any participant on the date of weight-checking cannot comply with the group he/she applied for, he/she will not be assigned to another group, and will be disqualified.

Entry is limited and available on a first-come, first served basis. (Based on the date marked on mail or email). The organizer reserves the right of final determination. Any change or information of the events shall be based on announcement in our web-site.

B. Rules of Match and Time Prescribed :

- All match shall only be held with at least 4 participants, and in that case, only Gold Award and Silver Award will be awarded. For match with 6 participants or over, Gold Award, Silver Award and Bronze Award will be awarded.
- Taolu Form (Event (a) to (d)) shall be completed between 1 minutes 30 seconds and 3 minutes.
- Sticking Hands Event (e) adopt two round wins out of three rounds. Each round lasts for 1 minute 30 seconds with 1 minute rest interval between each round.

C. Eligibility

- Open for any lineage of Grandmaster Ip Man.
- Each participant should take no more than two events altogether (Taolu (Forms) or Sticking Hands).
- Each participant should sign the “Safety Declaration”, please press [\[Appendix 1\]](#) to download the form (those who have not signed the declaration will not be eligible for the Match).



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- D. Rules of Ip Man Ving Tsun Sticking Hands Match, please press [[Rules of 2017 Match](#)] to view.
- E. The sequence and groupings of the participants for each event will be arranged by our Association.
- F. The referees will be designated by our Association
- G. Prize
All Gold Award awardees will be invited to attend the 50th Anniversary Gala Dinner on 8th October 2017 (Sunday) on free of charge basis, and the awards presentation ceremony of the awardees of Gold Award, Silver Award and Bronze Award will be held at the same time.
- H. Enrolment Method
- Application form please press [[The Form](#)] to download
 - Payment of Application Fee
Pay by cash or cheque (payable to “Ving Tsun Athletic Association Limited”), please bank in our account, details as follows:
 - Account Name : Ving Tsun Athletic Association Limited
 - Account No. : HSBC 001-147776-002
 - Please send the application form together with the deposit slip by mail or email to our Association. Email: vtaa@vingtsun.org.hk. Please mark as Enrolment Form of 2017 Match.
 - Please make copy of the application form and the deposit slip for your own record for verification
- I. Application deadline : 31st August 2017
- J. Application fee for each event : HK\$200-
- K. A Certificate of Attendance will be given to each participant

The Chairman of VTAA
Dated 26th June, 2017.